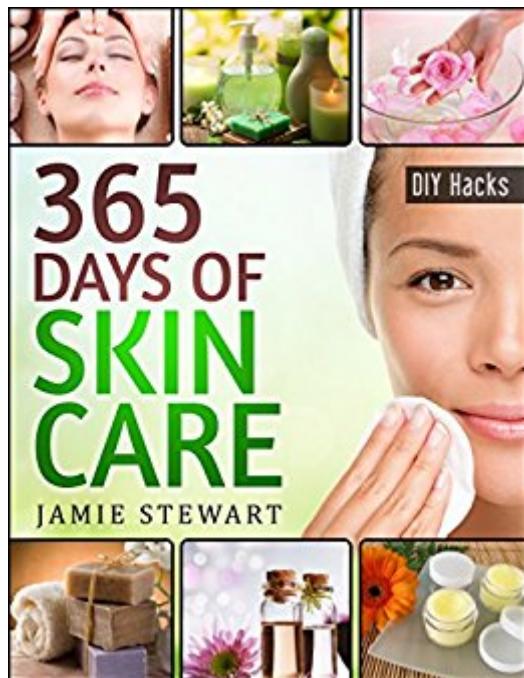


The book was found

365 Days Of DIY Skin Care Hacks



Synopsis

365 Days of DIY Skin Care Hacks - Essential Oils, Natural Soaps, Homemade Face Masks, DIY Natural Beauty RecipesPut yourself on your priority listAnd make some time to try the awesome: Essential Oils Natural Soaps Homemade Face Masks DIY Natural Beauty RecipesMost of us do our best, particularly for the items we use every day, to use perfect beauty products. There are thousands of different types of cosmetic products such as soaps, creams, lotions, perfumes, deodorants, face masks, and so on. It may seem difficult to choose the right products, particularly for things we use on our skin because it is body's largest and very important organ. Skin protect us, it is body's first line of defense. Furthermore, youthful and beautiful skin can indicate the condition of our whole body. How to take care of our precious skin? The majority of commercially prepared beauty products are made with a lot of chemical ingredients that can be harmful to our skin and our overall health. Further, it can be a big problem for people who suffer from allergies to certain products, especially scented products. Children's skin is especially sensitive to chemicals in cosmetic products. The solution is simpler than you think âœ you can make your own beauty products! The great news is that you can control the ingredients that go into your homemade products. You can be sure that your soaps, creams and lotions are safe for everyone to use. Enjoy these safe beauty trends!

Book Information

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Customer Reviews

DIY hacks to care for your bodyÃ¢Â¢Â¢s largest organ: the skin! This is an excellent book for several reasons. The first being, skin care products are really expensive and even if youÃ¢Â¢Â¢re a savvy shopper, it still adds up. With a little time and a bit of effort you can make your own products and save you tons of money. IÃ¢Â¢Â¢m really conscious of ingredients in my food and anything that contacts my body. In this book, you know exactly where each ingredient for each product originated. You can rest easy that youÃ¢Â¢Â¢re not rubbing toxins into your skin or that it has not been animal tested. Further, it is a bit like cooking. LetÃ¢Â¢Â¢s say you follow a recipe for soap and you loved the soap, but it was too lavender-y (just an example). So, the next time you make it you add less lavender. I love being able to customize the ingredients and tailor them to my tastes. With hundreds of recipes for a variety of skin products, youÃ¢Â¢Â¢ll be sure to find more than a few things you love. Treat yourself to better skin! You deserve it!

This little book is about 70 pages and has 365 recipes in it from lotions, to bath bombs, to salt scrubs, to face masks to serums. A very nice variety and lots of good recipes to try. They are not overly complicated to understand and many ingredients can be found easily. Very good little recipe book for skin products.

Excellent! IÃ¢Â¢Â¢ve always been interested in any sort of DIY skin care related routines, as I and anyone who relies on several store-bought products fully understand how expensive they can add up over time. The only problem I had was finding a reliable and genuine guide, which thankfully author Jamie Stewart has provided with this book. IÃ¢Â¢Â¢ve only used a few of the recipes so far, mainly the different body butters and recipes to be used in the bath, and I can say that IÃ¢Â¢Â¢ve already noticed some results Ã¢Â¢Â¢ my skin definitely looks healthier and in certain areas. What I admire most about the book though is that many of the ingredients are quite simple and easy to get, in fact I already owned a few of the essential oils that are listed in some of the body butters Ã¢Â¢Â¢ and the other ingredients werenÃ¢Â¢Â¢t that expensive, probably even cheaper than brand-name goods. Overall,

IÃ¢â€šÃ¢m happy with what IÃ¢â€šÃ¢ve seen so far, I just wish that there were some illustrations next to the recipes so I could compare them to my finished products. Sometimes I was unsure of whether, for example, a body butter bar looked the way it was supposed to. Other than that, IÃ¢â€šÃ¢d say itÃ¢â€šÃ¢s more than worth the read.

I just love this book! I have been looking for natural bath and body recipes and I found this, 365 Days of DIY Skin Care Hacks. As the title implies, there are 365 recipes for everything from body scrubs to serums and lip balms. I want to know exactly what I am putting on my skin and there are all natural ingredients in these. Many of them I actually already have in my cupboards. I know exactly what IÃ¢â€šÃ¢m giving as gifts this year and they are coming from this book. I highly recommend it!

I always trusted natural treatment, be it remedy, beauty or diet purpose. But unfortunately it was always hard to find a natural alternative to that of chemical-riched beauty products, mainly because of inconvenience in use compared to commercial products. After reading this book, it looks like a natural way of beauty treatment is not as bothering as I thought, in fact I already tried few. This book showed how I can make necessary beauty recipes using always-availables from my kitchen.

I strongly recommend have a lot and easy to make creams, face mask and more ...is my favorite book! !

Typos always distract me and there are a lot of them. Also, not much in terms of substance but there are a lot of ingredients for different options. But it still could use a little more personality since this is a pretty hot subject.

I really enjoyed these recipes so far. This is a great collection of beauty essentials. Wonderful! Highly recommended. Will be trying these!

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